

THE SESSIONS AND THE LEARNING OUTCOMES

SESSION 1 – WHAT IS CATECHESIS? (*Parable of the sower*)

The catechist will be able to:

- understand the nature of catechesis and its importance for Christian faith and life and its role in the parish
- reflect on evangelisation as the essential mission of the church, and the part catechesis plays in evangelisation

SESSION 2 – WHO IS THE CATECHIST? (*Road to Emmaus*)

The catechist will be able to:

- know what it means to be a catechist (including the importance of prayer)
- have some understanding of how people grow in faith and different learning styles
- develop our listening skills

SESSION 3 –SCRIPTURE AND CATECHESIS

The catechist will be able to:

- have a basic knowledge of the Bible and its role in catechesis
- understand the pattern of the lectionary and the shape of the liturgy of the word
- reflect on how we use scripture in our catechesis

SESSION 4 – FUNDAMENTALS OF FAITH 1 – Jesus and The Trinity

The catechist will be able to:

- know the essentials of the Christian faith by unpacking the creed – in particular focussing on the Trinity
- understand who Jesus is
- reflect on how best to lead a group

SESSION 5 – FUNDAMENTALS OF FAITH 2 - The Church and Mary

The catechist will be able to:

- understand the community of faith , the church, its roles and ministries
- understand the particular role of Mary
- reflect on what it means to be a welcoming church

SESSION 6 – LIVING THE FAITH

The catechist will be able to:

- make connections between what we believe and how we live and the importance of personal morality
- reflect on the implications of Catholic Social teaching

SESSION 7—SACRAMENTS AND LITURGY

The catechist will be able to:

- know what a sacrament is and the centrality of the paschal mystery
- reflect on principles of liturgy, and the links with catechesis

SESSION 8 – RCIA

The catechist will be able to:

- understand the RCIA process and how it is a model for sacramental catechesis
- be aware of the different resources available for RCIA catechists
- how to plan a catechetical session for RCIA

SESSION 9 – BAPTISM

The catechist will be able to:

- know something of the rite and theology of baptism
- be aware of resources for baptism preparation and essential elements of a good programme
- reflect on pastoral and catechetical issues of baptism

SESSION 10 –EUCHARIST & 1st COMMUNION

The catechist will be able to:

- have an increased knowledge of the rite of the Mass
- grow in understanding of the theology of the Eucharist
- reflect on best practice in First Communion catechetical preparation

SESSION 11 –CHILDREN’S LITURGY OF THE WORD (CLOW)

The catechist will be able to:

- know the church’s teaching on CLOW
- understand how to apply the principles of good liturgy when working with children
- reflect on the range of resources and how to plan a session

SESSION 12 –CONFIRMATION & CATECHESIS WITH YOUNG PEOPLE

The catechist will be able to:

- know something of the cultural context young people inhabit and the challenges and opportunities of catechetical work
- understand more the rite and theology of confirmation
- be aware of different resources available for catechetical work with young people

RETREAT DAY ON PRAYER & COMMISSIONING SERVICE

The catechist will be able to:

- understand the forms and purpose of Christian prayer
- be aware of prayer resources for catechists
- reflect on our own prayer life and how we can nourish our call as catechists